

NENH Boosters: Intramuscular Vitamin, Nutrient and Homeopathic Therapies that “Boost” You Up

Therapeutic Boosters are available to the public and do not require an appointment

Join us for Revitalization Happy Hour Tuesdays and Thursdays
from 4:00–5:00 pm when all Boosters are \$5 off of retail price!

Nutrient Combos

Basic Bs (\$25)

Methyl-B12, B Complex

Provides the full spectrum of B vitamins for energy, brain function and detoxification.

Adrenal Support (\$30)

Methyl-B12, B Complex and Pantothenic Acid (B5)

The full spectrum of B vitamins plus a mega-dose of B5 to support the adrenal glands through periods of stress and/or inflammation.

Hair, Skin and Nails (\$35)

Methyl-B12, B Complex, Pantothenic Acid, Biotin

Pantothenic Acid and Biotin provide the building blocks for healthy tissues, while B12 and B Complex serve as co-factors for strength. This booster is perfect for thin hair and brittle nails.

Detoxification Support (\$30)

Glutathione, Methyl-B12

Glutathione provides necessary anti-oxidant support to the detoxification system while B12 acts as a necessary methylator for additional detoxification pathways.

Glutathione is used to treat allergies, asthma, toxic exposure, neuro-degeneration, brain injury and many more conditions. This Booster is a great addition to any Detoxification Program.

Histamine Blocker

(FKA “Allergy Support”) (\$35)

Methyl-B12, B Complex, Glutathione, Pantothenic Acid
B12, B Complex and Pantothenic Acid allow the body to clear histamine out of circulation, while glutathione mounts an anti-oxidant response against allergens. This Booster works well for allergies.

Methylation Support (\$40)

Methyl-folate, Methyl-B12 and B Complex

About 70% of the population carries at least one copy of the MTHFR gene, which blocks usage of folate. Folate is necessary for skin health, manufacturing of red and white blood cells, detoxification, endocrine and immune system function. Methyl-folate can bypass this blockage and is typically better tolerated when injected into a muscle than through oral supplementation.

Heel® Homeopathic Solutions (\$35)

Engystol®: Immune Boosting

This Booster is a must for cold and flu season. If used at the first signs of “coming down with something”, this therapy has been known to completely derail or drastically shorten a cold or flu. Engystol® is a favorite for those who in schools, in hospitals or any other position working with the public.

Spracusil®: Relaxing

This Booster is used to relax smooth muscle throughout the body and is effective for menstrual cramps, bladder spasms (IC), constipation, leg cramps and other muscle spasms.

Arnica®: Anti-inflammatory

Traditionally used to control swelling and bruising, Arnica is a very useful therapy for those with acute injuries or acute back pain and those who are about to undergo surgery (does not interact with anesthesia, opiate medications or NSAIDs).

Calmavera®: Anti-stress

This Booster is a non-sedating anti-anxiety tool that helps get through stressful times. This is great to combine with Adrenal Support for those extra-challenging days.

