



Adult Intake Paperwork

Name: _____ Date: _____

Address: _____ City: _____ Zip: _____

Cell Phone: _____ Work Phone: _____ Email: _____

Date of Birth: _____ Social Security Number: _____

Your occupation: _____ Your employer: _____

Whom to contact in case of emergency? (Please list relation and best contact number)

Personal History

Who is your Primary Care Physician? _____

Please list complaints in order of priority: _____

Please list any allergies to medicine or foods: _____

Please list pharmaceutical medicines you take, along with the dose: _____

Please list any health supplements you take, along with the dose: _____

Please list any major illnesses, accidents or hospitalizations (excluding routine childbirth) including dates:

Date of your last physical exam: _____

Any abnormal results? _____

Date of your last blood work: _____

Any abnormal results? _____



Family Medical History

Do any members of your immediate family suffer from any of the following health conditions? If so, please explain.

- Heart Disease/High Cholesterol:
- Diabetes:
- High Blood Pressure:
- Cancer: Type?
- Alcoholism/Drug Addiction:
- Mental Health Disorder: Type?
- Any other serious health conditions?

Do you have any problems with any of the following body systems?

- EENT: (head, ears, eyes, nose, throat)
- Endocrine: (thyroid or another hormone imbalance)
- Nervous system: (dizziness, imbalance, slow thinking, poor memory)
- Respiratory: (allergies, asthma, chronic cough)
- Skin: (psoriasis, eczema, acne)
- Cardiovascular: (heart palpitations, chest pain, cold hands and feet, varicose veins)
- Digestive: (GERD, heartburn, nausea, constipation, diarrhea, gas, bloating)
- Musculoskeletal: (chronic back or limb pain)
- Psychological: (anxiety, depression)

Lifestyle

Do you use any of the following? Please indicate form and quantity per day or week.

Tobacco: _____

Alcohol: _____

Caffeine: _____



New England Naturopathic Health

Please give examples of typical meals:

Breakfast:

Lunch:

Dinner:

Snacks:

How much water do you drink in a day? _____

Do you exercise? Please list types and amount per week:

Do you have any problems with sleep? How many hours do you typically sleep in a night?

Please list your health goals in order by priority:

Terms of Consent for Care



New England Naturopathic Health

I, _____, hereby authorize Dr. Marinaro to perform the following specific procedures as necessary to facilitate my diagnosis and treatment:

Common diagnostic procedures: e.g., venipuncture, radiology, laboratory, x-ray

Minor office procedures: e.g., cleaning, dressing a wound, ear lavage, skin scraping

Medical use of nutrition: therapeutic nutrition, nutritional supplementation, and intramuscular vitamin injections.

Botanical medicine: plant substances may be prescribed as teas, alcohol-based tinctures, glycerites, capsules, tablets, creams or suppositories

Homeopathic medicine: the use of highly dilute quantities of naturally occurring plants, animals and minerals

Craniosacral Therapy, Visceral Manipulation: gentle forms of bodywork used to address back pain and other musculoskeletal complaints, headaches and organ dysfunction

Medical use of Ozone Therapy: use of ozone/oxygen gas to treat skin conditions, infections, allergies and GI conditions. Ozone may also be used as an intra-muscular injection (Prolozone therapy) to decrease pain in a muscle or tendon and help to heal injuries.

I recognize the potential risk and benefits of these procedures as described below:

Potential risks: allergic reactions to prescribed herbs and supplements, side effects of medications or vaccinations, aggravation of pre-existing symptoms, discomfort, pain, infection, burns, nausea, light headedness, inconvenience of lifestyle changes, injury from injections, venipuncture or procedures. Please notify Dr Marinaro’s office if you experience any symptoms which may be secondary to the above procedures.

Potential benefits: restoration of health and the body’s maximal functional capacity without the use of drugs or surgery, relief of pain and symptoms of disease, assistance in injury and disease recovery, and prevention of disease or it’s progression.

Notice to Pregnant Women: All female patients must alert the doctor if they know or suspect that they are pregnant as some of the therapies used could present a risk to the pregnancy.

With this knowledge, I voluntarily consent to the above procedures, realizing that no guarantees have been given to me by physician, or any personnel regarding cure or improvement of my condition. I understand that I am free to withdraw my consent and to discontinue participation in these procedures at any time.

I understand that a record will be kept of the health services provided to me. This record will be kept confidential and will not be released to others unless so directed by myself or my representative or unless it is required by law. I understand that I may look at my medical record at any time and can request a copy of it by paying the appropriate fee. I understand that my medical record will be kept for a minimum of three, but no more than ten years after the last day of my visit. I understand that information from my medical record may be analyzed for research purposes, and that my identity will be protected and kept confidential. I understand that any questions I have will be answered by my practitioner to the best of his/her ability.

I understand that all sales of goods and services are final.

Signature of Patient:

Date:

New England Naturopathic Health Policies:

Please initial in the following boxes:

I understand that payment of consultation fees, lab fees, supplements and any other services are due at the time of service.

I understand that phone consultations and phone lab reviews with Dr. Marinaro will be billed at the same rate as an in-office visit.

I understand that I may message Dr. Marinaro's support staff through Patient Fusion. Email is not an acceptable communication format due to confidentiality concerns.

I understand that any supplements purchased at NENH or via Health Wave (per NENH request) cannot be returned once opened.

I understand that if I am more than ten minutes late for an appointment. I may not be seen and may be assessed a cancellation fee.

I understand that should I miss an appointment or cancel with less than a twenty-four hours' notice, I will be assessed a cancellation fee.